



LIFEWAY WOMEN FALL CHECKLIST:

- ☐ Decorate fall-shaped Cookies.
- ☐ Bake a pumpkin pie.
- ☐ Break out the fall decorations.
- ☐ Throw a football in the backyard or a park.
- ☐ Take a walk on a nature trail.
- ☐ Go for a picnic.
- ☐ Share stories with your family around a fire pit.
- ☐ Plant mums or bulbs for spring.
- ☐ Make homemade apple cider.
- ☐ Enjoy a bonfire.
- ☐ Go apple picking.
- ☐ Go hiking.
- ☐ Plan a camping trip.
- ☐ Take family photos.
- ☐ Take a roadtrip to see fall foliage.
- ☐ Light a fall scented candle.
- ☐ Venture into a corn maze.
- ☐ Make s'mores. (Bonus points: get creative and have a competition to see who can invent the best s'mores recipe!)
- ☐ Host a chili cook-off or try a new chili recipe.
- ☐ Go for a hayride.
- ☐ Make homemade caramel corn.
- ☐ Go to a pumpkin patch and pick pumpkins.
- ☐ Take full advantage of sweater weather.