

*SETTING RHYTHMS
FOR THE
NEW YEAR*

In 2020, I want to practice putting God first. I will do this by:

(MATTHEW 6:31-33)

This year, I will practice being present in the following ways:

(EPHESIANS 5:15-16)

God, help me to have bold, gospel-centered conversations with _____ and _____ this year. Open their hearts to want to know You more.

(MATTHEW 28:19-20)

Below are a few of the Scripture passages I want to memorize this year.

(COLOSSIANS 3:16; PSALM 119:11)

This year, I want to build a mentoring relationship. I will pray about the right person or people to approach, and then actively and intentionally pursue that mentorship. These are the people the Lord has brought to my mind as I have prayed:

(TITUS 2:3-5)

Do I have a prayer life? If I do not, I will work to develop an active prayer life in 2020. If I do, I will work toward growing in my prayer life. How do I want my prayer life to look different in 2020?

(PHILIPPIANS 4:6-7; 1 THESSALONIANS 5:16-19; 1 JOHN 5:14-15)

This year I will look for opportunities to get outside my comfort zone. Below are some ideas for how I can actively engage with others, serve others, and have hard conversations this year.

(JOSHUA 1:9)

In 2020, I will be aware of the kind of friend I am to others. I will evaluate my attitudes and actions toward my friends, work to be an honest friend who speaks life into others around me, and not shy away from the truth that needs to be spoken. What's one way I hope to improve my attitudes and actions toward my friends? What's one way I've seen myself grow in this in 2019?

(PROVERBS 17:17)

God, help me to practice grace with others this year. These are the people I could be more gracious with. I commit to pray for them in the weeks to come!

(COLOSSIANS 3:12-13)

Not only do I need to practice grace with others, but in truth, I'm not gracious with myself. Lord, help me understand what it looks like to rest in the grace You have already so freely given me, while still committing to hold myself accountable for my actions.

(2 CORINTHIANS 12:9)

In 2020, I will set realistic and healthy boundaries for myself in the following ways:

(LUKE 5:15-16)

Lord, help me remember that I don't know it all! Help me remain teachable, and remind me to seek wisdom from your Word and other believers. A question I have about Scripture is _____

(PROVERBS 9:9; 1 PETER 5:5)

In 2020, I will work toward financial independence and be financially responsible with the funds the Lord has provided, giving back to my church home and those in need. I can begin this journey by making the following financial changes:

(1 TIMOTHY 6:17-19; ACTS 20:35)

Lord, guard my heart as I'm mindful of my daily actions. Help me to live above reproach in all things, honoring you as I go through everyday life.

(COLOSSIANS 3:5-10)

This year I will be purposeful in practicing rest and the act of being still before the Lord. Here are some ways I can incorporate rest into my weekly calendar:

(PSALM 62:1)