

# May 2019

# homelife

| SUNDAY  | MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY   | SATURDAY  |
|---|--|--|---|---|--|---|
|   |  |  | <b>1</b><br>Read<br>1 Cor. 10:13<br>You can practice self-control because God is faithful.              | <b>2</b><br>Read<br>1 Thess. 5:6<br>Are you aware and alert?  | <b>3</b><br>Read<br>Philippians 4:13<br>Do you feel like you can be self-controlled?                     | <b>4</b><br>Read<br>Proverbs 16:32<br>Do you believe that self-control is better than aggression?                   |
| <b>5</b><br>Read<br>2 Timothy 1:7<br>Is your life characterized by power, love, and self-control?         | <b>6</b><br>Read<br>1 Peter 5:6-8<br>You have an enemy and self-control is a weapon against him. | <b>7</b><br>Read<br>2 Peter 1:5-7<br>When you practice self-control, does it lead to you loving better?    | <b>8</b><br>Read<br>Philippians 4:8-9<br>Do you intentionally think about the right things to do?       | <b>9</b><br>Read<br>Galatians 5:22-23<br>Self-control is evidence of the Holy Spirit inside of you. | <b>10</b><br>Read<br>Proverbs 18:21<br>How difficult is it for you to control your words?                | <b>11</b><br>Read<br>Ephesians 6:12<br>Does your struggle feel like it's against this world or the spiritual world? |
| <b>12</b><br>Read<br>Romans 12:1-2<br>What do you do to renew your thinking?                              | <b>13</b><br>Read<br>2 John 8<br>Self-control helps you hold on to the truth of the gospel.      | <b>14</b><br>Read<br>Proverbs 25:28<br>Has your lack of self-control ever led to your life feeling broken? | <b>15</b><br>Read<br>1 Cor. 13:4-5<br>Self-control is a characteristic of love.                         | <b>16</b><br>Read<br>Proverbs 12:16<br>Are you quick to overreact?                                  | <b>17</b><br>Read<br>Titus 1:8<br>Love and self-control go together.                                     | <b>18</b><br>Read<br>Matthew 6:33<br>The key to self-control is seeking God first.                                  |
| <b>19</b><br>Read<br>James 1:19-21<br>Are you quick to listen, slow to speak, and slow to become angry?   | <b>20</b><br>Read<br>1 Timothy 4:7<br>What training are you doing to be more self-controlled?    | <b>21</b><br>Read<br>1 Cor. 9:25<br>Self-control leads to a reward.  | <b>22</b><br>Read<br>Proverbs 4:27<br>Self-control helps you stay focused.                              | <b>23</b><br>Read<br>1 Thess. 5:22<br>Stay away from anything that could be evil.                   | <b>24</b><br>Read<br>1 John 2:16<br>Seeking what your heavenly Father has for you leads to self-control. | <b>25</b><br>Read<br>Romans 8:5-6<br>Setting your mind on God leads to peace.                                       |
| <b>26</b><br>Read<br>1 Cor. 6:19-20<br>Does your self-control show others that the Holy Spirit is in you? | <b>27</b><br>Read<br>Psalm 141:3<br>Are you asking God to help you with your words?              | <b>28</b><br>Read<br>Proverbs 13:3<br>Talking less is a great sign of self-control.                        | <b>29</b><br>Read<br>1 Cor. 6:12<br>Just because you can do something does not mean that you should it. | <b>30</b><br>Read<br>Titus 2:11-12<br>God's grace helps you be self-controlled.                     | <b>31</b><br>Read<br>Proverbs 29:11<br>Do you bring calm to situations?                                  |   |