## LIFEWAY WOMEN'S 2016 GUIDE TO THE

## Sweetest Summer Vet



Hike to a waterfall.

Lace up your hiking boots.

Lace up your hiking boots, grab a hiking partner, and take to the trails. (Just keep an eye out for snakes!)



Go to a drive-in movie.

Drive-in theaters are fun, retro, and the best way to cool down after a hot summer day.



Visit your local farmers' market.

Stock up on fresh produce, and challenge yourself to cook a colorful—and nutritious—dinner with whatever you buy.



Make sno-cones.

Just one bite of these sticky concoctions will make you nostalgic for summers past.



Pick strawherries and make jam.

Spend the morning in the field, and after a couple hours in the kitchen, you'll be eating biscuits smeared with homemade jam.



Visit your local zoo.

Add kids or friends, and you've got a lively day out.



See an outdoor concert, morie, or play.

Pack a picnic, and settle in for some fun under the stars.



Organize a friend/family Olympics.

Plan a themed day of sports and games, and discover competitive streaks you didn't even know existed.



Plan a road trip-it doesn't have to be far!

Even if you've only got the day, grab some friends and a killer playlist, and pick a nearby city or park to explore.



Go canoeing or kayaking.

Splashing is encouraged.



Koast marshmallows over a campfire.

And don't you dare forget the chocolate and graham crackers.



Pitch a tent.

There's nothing like camping out during the summer—even if it's only in your own backyard.