June 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Read Exodus 33:14 Our ability to rest is always tied to God's presence in our lives.	Read Genesis 2:2 Why do you think God rested?	Read Exodus 34:21 We are to be mimic God's practice of rest.	Read Matthew 11:29 Carrying our own burdens wearies us; carrying Jesus' gives us rest.
Read Psalm 127:2 What is the last thing you lost sleep over? Did your lack of rest help?	Read Mark 6:31 Sometimes, in order to rest, we must slip away by ourselves.	Read Isaiah 30:15 It was an act of disobedience when the Israelites failed to rest.	Read Psalm 37:7 Designate a time this week to be still, rest, and wait for the Lord.	Read Jeremiah 31:25 God can refresh our souls and our physical bodies if we let Him.	Read Hebrews 4:1 What "rest" do you think is being referenced here?	Read Psalm 94:12-13 Has God ever used a trial to force you to rest?
Read Jeremiah 6:16 Obedience brings rest.	Read Psalm 4:8 What would it take for you to lie down and sleep in peace?	Read Acts 2:26 When our hearts have hope, we will also have rest.	Read 2 Corinthians 7:5 Describe a season when you had no rest.	Read 2 Thessalonians 1:7 There is a reward of rest coming those those who endure.	Read Hebrews 4:9 We must not give up!	Read Revelation 14:11 One of the torments for those who don't believe is the loss of rest.
Read Matthew 11:28 Where is your favorite physical place to rest? Ask God to meet you there.	Read Revelation 14:13 There is come a day when we rests from our labor.	Read Isaiah 14:3 When have you been the most tired and what were you doing?	Read 2 Corinthians 2:13 Which is more difficult: physical exhaustion or emotional weariness?	Read Mark 2:27 Rest is a gift to you from your Creator.	Read Isaiah 26:3 Is there anything more restful than a mind at peace?	Read Psalm 23:2 Find a cool patch of grass to lie down in and rest.
Read Psalm 46:10 What does it mean to you to know that He is God?	Read John 16:33 We can rest easy knowing that God is in control.	Read Philippians 4:7 If we would choose prayer over worry, we would find rest.	Read Acts 10:36 Where is peace found?	Read Romans 12:18 When there is peace in our relationships, we can have rest.	home	elife